PRINCIPAL’S MESSAGE -
Dear Parents, Staff and Students

School student leaders
I wish to warmly congratulate our new student leaders for 2015-2016:

School Captains - Olivia and Amy
Vice Captains - Tahlia and Saaini

These four students will be excellent leaders and school representatives. I look forward to working closely with them for the betterment of the school.

They will be supported by eight other prefects who are exemplars of the finest students at Mackellar: Tasha, Olivia, Aliyah, Sally, Georgia, Gardenia, Arlia and Brianna.

The Prefect Induction Ceremony will take place at 7.00 pm on Thursday 25 June 2015 in the Staff Common Room. All parents and families are warmly invited to join us. The Handover Ceremony from the current prefects to the new group will take place at the School Formal Assembly on Friday 26 June at 10.00 am. Families are also welcome.

School Musical – Sh-Bang!
What a wonderful performance Sh-Bang! is! There are further performances tonight (Friday) and Saturday night for you if you haven’t had the pleasure of attending yet.

The enormous efforts of our staff, students and parents, and the fantastic experience for our students are certainly worthwhile. The matinee performance for our students and our gala evening performances have been equally enjoyed by the audiences. The set, gorgeous costumes, superb musicians, extraordinary back stage crew and the fabulous performers made this a success.

Many thanks and admiration must go to our Mr Simon Fisher, who remarkably wrote, scored and directed the musical.

These whole school events showcase the close school community that we are, and the breadth of programs that are provided to enhance the education of your daughters. As one appreciative parent commented, the ability of Mackellar to harness and teach talent is something we must all celebrate.

Subject Selections
In the first weeks of next term, we will be finalising Years 8 and 10 submitting their subject selections for study in 2016. We have provided Year 10 students with the necessary information to make informed decisions about the subjects that are available for them to study over the next two years, and Year 8 will receive the same. Parents need to be aware that subject choices after they are made cannot be changed for Year 9, and only in extenuating circumstances in the first several weeks in Year 11, so wise choices need to be made.

Some elective subjects have compulsory fees to pay for the cost of the full range of materials required for the practical components of these subjects. These fees will need to be paid for your child to be issued with these materials.

Year 8 students and their parents are invited to an Elective Subject Information Evening at 7.00 pm on
Wednesday 15 July 2015 in the hall.

**School Trivia Night**
The school Trivia Night was a truly wonderful night. The parents who came along had great fun, while supporting the school in its fundraising endeavour. The night raised $10 000 for the education of your daughters.

It was a great success due to the amazing teamwork of the P&C Executive and other parents who sought donations from local businesses, organised and ran the night and were MC, and our local businesses, local councillors the NSW Premier and the Australian Prime Minister who donated and contributed so generously to our school.

If you missed it this year, make sure you make it next year.

**Project Penguin**
Sixty Year 10 Mackellar Girls with North Curl Curl, Harbord, Manly Village, Manly West and Seaforth Public Schools, all members of the Northern Beaches Learning Alliance, have been working with zoo staff and guest experts to raise community awareness about Manly’s threatened Little Penguin colony.

Year 10 students acted as teachers and mentors supporting the learning of Year 5 students. The opportunity for authentic learning within the community and for students to genuinely make a difference and address an issue that they are passionate about has been an exceptional example of good practice in teaching and learning. Last Thursday students showcased their community awareness campaigns to a very proud audience at Taronga Zoo. Congratulations to every one involved in the project.

**Winter Uniform**
As our students are the face of the school to the community, it is extremely important that they wear the correct school uniform, and indicate that they are proud of the school and its image.

As the weather chills some students are adding items of clothing that are not part of the uniform. The school jumper, vest and blazer are the best and warmest alternatives to keep warm. Jewellery, bright hair adornments, brightly coloured hair, makeup, coloured scarves and black socks are not uniform and must not be worn. The zip-up jacket is part of the tracksuit, and may only be worn with the PE uniform. Skirts are to be worn just on or above the knee in length – skirts that are shorter are not our uniform.

Parents, please ensure that your daughters leave the house each morning in the correct attire and are not wearing makeup.

If there is a valid reason why your child will be out of uniform on a particular day, they are required to come to school with an explanatory note from you.

**Ill students**
When students become ill at school, they are required to report to the office and go to Sick Bay. If they need to go home, an office staff member will contact a parent to come to the school to collect them.

Students are not to make their own arrangements and directly text, call or contact their parent to collect them from school. The school has a duty of care and must be informed of illness of any students and be part of the leaving school grounds process.

**Scoliosis**
Scoliosis, a sideways curvature of the spine, can result in significant health problems, and is most prevalent in teenage girls. To detect scoliosis, all parents of girls are strongly advised to download the self-detection brochure from the Spine Society of Australia’s website (www.scoliosis-australia.org). It is particularly important for girls 11 – 13 yrs of age, as this is the age range when scoliosis first appears.

**Parent Road Safety**
There are some safety issues that have become concerning regarding dropping students off in the mornings or picking up in the afternoon in Campbell Pde. For the safety of all students, including your children, when dropping off your daughter, do not double park in Campbell Pde before (west of) the pedestrian crossing and do not do a U turn in front of the school. Use the turning circle at the end of the street to avoid accidents.

If you stop in the bus stops or No Stopping areas to drop off your daughter, you are likely to be fined by the Council Ranger.

**End of term**
Term 2 has been an exceedingly busy time for teachers and we are looking forward to a well-earned break. I am extremely proud of the strength and passion of our teachers and support staff. I wish to thank the staff for the enormous energy and effort that they contribute every day to make your daughter’s education fulfilling and beneficial. This is a staff that goes the extra mile, and I’m sure you appreciate it as much as I do.
I wish you all a safe and relaxing break. Students return for Term 3 on Tuesday 14 July 2015. On 13 July, School Development Day, the staff will be involved in professional learning, professional dialogue and teaching and learning planning and organisation. Staff will update their CPR and first aid credentials and then focus on enhancing teaching programs and assessment through quality teaching and learning.

**Congratulations for high achievement to:**

- **Darcey (Yr 8)** for her 1st in U15 Girls Tumbling at the National Gymnastics Championships
- **Bojana (Yr 9)** for being a member of the National Tennis Squad
- **Taylah, Georgia, Jessica, Bella and Courtney (Yr 12 2014)** for being awarded the Gold Award in the Duke of Edinburgh Program
- **Olivia and Annika (Yr 11)** for their selection for the National Youth Science Forum in Canberra
- **Christine (Yr 11) and Charli (Yr 7)** for their selection in the NSW team for the Pacific School Games in swimming. Charli competed in 10 events in the NSW All Schools Swimming Championships with two 1st, one 2nd, two 5th, two 7th, one 8th and one 10th
- **Brittany (Yr 12)** for her selection in the NSW CHS Volleyball team
- **Cristy (Yr 12)** for her selection in the NSW CHS Open Netball team
- **Pihuka and Lucy (Yr 9)** for their selection in the NSW CHS Touch Football team
- **Pamela and Chloe (Yr 12)** for their nomination for the Pierre de Coubertin Award
- **Katie (Yr 10) and Bronte (Yr 9)** who were members of the winning Regional Basketball team, and Katie for her selection in the NSW CHS team
- **Indiana (Yr 9)** for her performing in the Junior State Dance Company
- **Alicia (Yr 7)** for her selection for NSW CHS Gymnastics
- **Lauren (Yr 7)** for her performances with the Australian Girls Choir
- **Chloe (Yr 12), Amber (Yr 10), Indiana (Yr 8), Piper and Keely (Yr 7)** for their competing in NSW CHS Cross Country
  - the **CHS Knockout Netball team** that was Regional Champion
  - the **CHS Knockout Volleyball team** that was Regional Champion
  - the **CHS Knockout Softball team** that was Regional Champion
  - the **CHS Knockout Touch Football team** that was Regional Champion
  - the **CHS Knockout Soccer team** who was a Regional finalist
- **Alysse (Yr 9)** for 3rd in the U19 and U18 Regional Surfing Championships; **Ciara (Yr 8)** a quarter-finalist
- the **Softball team** for being Regional Knockout Champions
- the **Cross Country team** who was Zone Champion and **Frida, Amber (Yr 10) and Indiana (Yr 8)** who were Zone Cross Country Age Champions
- **Laura (Yr 10), Katerina (Yr 8), Eloise, Eyla, Talia, Millie and Olivia (Yr 7)** for their selection for the State Music Camps
- **Marnie (Yr 11), Ashley (Y10), Gracie, Alyssa and Charlotte (Y9), and for their selection for the Manly Odawara Student Exchange Program
- **Freya (Yr 10), Erika, Jessica and Indiana (Yr 9), Tianna (Yr 8)** for their selection to audition as a featured artist at Schools Spectacular
- **Brianna and Freya (Yr 10)** for their compering of the Sydney North Dance Festival
- **Emma (Yr 11)** for competing in the SMH Half Marathon, raising $1500 for charity
- **Milly (Yr 10)** for winning the Youth Portraiture Painting Prize People's Choice Award at Warringah Mall

Christine Del Gallo, Principal
YEAR 7 -
Year 7 has had another busy six weeks that included the In Rhythm workshop, an enjoyable and engaging experience for the girls. As Semester One wraps up, the girls will receive their half-yearly reports and we are proud to see so many Year 7 girls achieving their Personal Best in so many of their subjects.

YEAR 8 -
It has been an exciting term for Year 8. During Week 5, the girls participated in a workshop conducted by KYDS focusing on body image and self-esteem. The girls enjoyed both of the sessions and some new friendship bonds were established as a result of the workshop.

SIDS and Kids is our chosen charity for the year and we were impressed by the number of girls who have volunteered their time in promoting and selling a range of merchandise throughout the latter half of the term leading up to Red Nose Day. Over $550.00 was raised through the caring nature and dedication of the girls. We have received numerous queries about electives for Year 9 2016. Information sessions will be held for students and parents early next term explaining the procedures for subject selection and the electives on offer at Mackellar. It is important to attend the information session as it will help you in assisting the girls in making the appropriate decision for their choice of electives. Please be aware of the following dates:

- 14 July 2015 (Term 3, Week 1, Tuesday) – for students only
- 15 July 2015 (Term 3, Week 1, Wednesday) – for parents and carers – this will be in the school hall from 7pm–8.30pm. There will be representatives from each faculty to answer any questions raised from the session.
- 20 July 2015 (Term 3, Week 2, Monday) – due date for the submission of the forms for Elective Choices for Year 9 2016

There will be an information pack issued on the night so if you cannot attend the session, please contact the front office to arrange for the information pack. This pack includes the forms that will be required to be filled in and returned to the school.

Lastly, we would like to congratulate the outstanding effort that Year 8 has put into their studies as well as the extracurricular activities that they have participated in this semester. The Personal Best Assembly for Gold and Silver Merit Award winners will be held on Friday 17/07/2015.

Ms Natalie Reeves (Year Advisor), Ms Caren Leung (Assistant Year Advisor)

YEAR 10 -
The girls are to be commended on their approach to subject selection for Year 11, 2016; they are taking it very seriously. They will need to make their final choices during Week 4 next term when they will be having their school interviews.

The students in 10M have completed their two year leadership program with High Resolves. They are to be congratulated for the outstanding efforts and outcome.

Students will be issued with their Semester One reports on Friday, Week 10, Term Two and receive recognition for their efforts during the Personal Best Assembly taking place on Friday, Week One, Term Three - parents are welcome to attend.

Have a safe and productive holiday.

Ms McLaren (Year Adviser), Mrs Barker (Assistant Year Advisor)

YEAR 11 -
Year 11 recently had the school prefect elections. The teachers at Mackellar and year 11 students voted and 12 students were chosen. The students chosen will be a fantastic leadership team for 2015/2016. Congratulations on this fantastic achievement.

Ms Robb (Year Advisor, Mr Fisher (Assistant Year Advisor)

YEAR 12 -
It is hard to believe the end is so close, with only 11 weeks of school left for Year 12.

By now you should have received your daughters Semester One report, as they were distributed on 28 May. We are very pleased with the number of girls who will be receiving Gold and Silver Merit Certificates at the Personal Best Assembly next term.

Hopefully your daughter is preparing for the upcoming Trial HSC in Term 3. She should be completing study notes, writing practice papers and reviewing her class notes each night. Adequate sleep and good nutrition are
PUBLIC SPEAKING AND DEBATING -
MODEL UNITED NATIONS ASSEMBLY -

On Saturday 16 and Sunday 17 May, Marija, Maddison, Eleanor, Rose, Cellina and Karolina of Year 10 attended the Model United Nations Assembly (MUNA) at Baulkham Hills High School. This event is organised by the Rotary Club in order to develop high school students’ public speaking and debating skills and increase knowledge of the culture, customs and problems of different nations.

It was an intense but extremely beneficial event as we were taught about the parliamentary procedure and structure of the United Nations. It also gave us the opportunity to practice how to convey our opinions effectively, even when we were limited on time. Just like the real United Nations Assembly we debated many complex issues such as the use of Genetically Modified foods and whether sanctions should be imposed on nations seeking to acquire nuclear weapons, both very serious and controversial topics.

Mackellar entered two teams, Myanmar and Mexico, consisting of 3 members each. Myanmar sported sashes with colourful floor length skirts, whilst Mexico were equipped with sombreros, ponchos, capes and wide skirts. We spoke very passionately and received praise from the adjudicators, including how ‘animated’ one of our speakers was. We also had the opportunity to move an amendment to one of the resolutions which, due to my team mates exemplary debating skills, was passed. After the two days it is safe to say our confidence has significantly improved. We recommend this experience for any debaters or any girls looking for an exciting way to improve their improvisation and presenting skills.

All the girls would like to say as big thank you to Balgowlah Rotary for sponsoring the team and to Mr Snow for preparing us for the weekend.

By Cellina Polifrone, Year 10
ALL SCHOOLS SWIMMING - MONDAY 18TH MAY 2015 - Charlotte (Charlie) is a Year 7 student who recently won 2 events at the All Schools Swimming Championship at Homebush. This event includes all students from Catholic, State and Independent schools.

Charlie was the first Year 7 student to win our School Championship Race...a 50m race for the fastest 8 students in the school. She was Age Champion at School, Zone, Regional and CHS Carnivals.

Charlie’s results for the All Schools event: 1st 100 back; 1st 50 back; 2nd 200 IM; 5th in 50 breast (massive achievement for someone who struggled with it last year); 5th 50 fly; 8th 100 fly (totally exhausted); 10th 50 free; 7th 200 back; 7th 100 breast; 7th place in the all age 6 x 50m relay.

Charlie is the National Champion for the 100 and 50m backstroke. She will now start saving for the Pacific School Games. Congratulations Charlie and good luck!

Congratulations also to our Mackellar All Age Relay Team who came 7th overall beating the team that won the CHS carnival; they swam a PB.

Sammy Waterhouse, PD/Health/PE

YEAR 10 WHEEL CHAIR BASKETBALL -

On Thursday 4 June all Year 10 students participated in the Arrive Alice Wheelchair Sports Roadshow. Students were taught about the value and importance of road safety awareness and gained a lot from being involved in the session. Year 10 PASS students then participated in a wheelchair basketball session and self-defence.
DANCE NEWS -

The Mackellar Girls Dancers have had a busy month in preparation for the upcoming eisteddfods as well as the Sydney North Dance Festival. We would like to wish our Contemporary Ensembles the best of luck as they perform at Glen Street Theatre next week as part of the Sydney North Dance Festival performing on 22, 23 and 25 June evening performances and 26 June matinee performance.

We are very pleased to have two of our Year 10 students Freya and Brianna compering this festival. The girls have displayed commitment and confidence whilst compering and engaging the audience through their public speaking expertise.

Congratulations to our Mackellar Jazz Ensemble who performed in the ‘I’d Rather Be Dancing Challenge’ at Pittwater House. A special thanks to Michelle and Bethany who choreographed this fantastic item. The Jazz Ensemble performed with energy and commitment. They are competing this weekend at the Extreme Dance Competition at UTS Kuring-gai Campus. We wish them the best of luck.

The NSW State Dance Ensemble performed this week at the Sydney Dance Festival. Erika, Indiana, Freya and Amber represented this group with excellence.

Congratulations to Tianna of Year 8 who was selected for the State Ensemble. She will participate in monthly rehearsals to prepare for the State Dance Festival as well as a role in the Schools Spectacular. We are very proud to have a junior student selected for such an elite group. Well done Tianna.

Mackellar Girls Senior Dance students were very lucky to be offered places in the International American company Mark Morris Dance Group Masterclass at the Sydney Opera House. Ashleigh, Jacinta, Emily and Amber participated in the two Masterclasses in both Performance and Composition. They were also invited to view the evening performance of the Mark Morris Company. Ashleigh (Year 11) reflects on what she learnt from the day.

'The aspect I enjoyed the most about the Mark Morris Masterclass was learning exercises that the professional dancers learnt when doing company class. In the composition class I enjoyed learning about different ways you can construct compositional phrases. The most interesting exercise I learnt was the adage exercise. I found it was very challenging and you must apply multiple skills to demonstrate that exercise correctly. I liked the idea of learning a phrase in the compositional class and learning different ways of manipulating it.

This Masterclass has helped me in my dance studies through teaching me new ways of thinking about executing movement and being able to push yourself beyond the movement. The composition class has helped me in my dance studies with learning and adding things to a phrase to build and construct it.

Things that challenged me in the Masterclass were adapting to the contemporary American style Mark Morris’s company is renowned for, as it was a style I had never experienced before. I met this challenge by trying to adapt and apply technique I already had; it was a challenge although I feel I conquered it by the end of the class. The composition class was challenging as you had to work quickly and efficiently but with help from others in the group I feel I met the task requirements. I learnt from this dance experience that you just have to apply the
knowledge that you already have and have to be open to new experiences and gripping new knowledge that the dancers from the company taught us.

Attending the evening performance was very valuable as it gave insight into the style and works the company studies. I found it was very educational as it opened my eyes to new movement qualities and styles within the contemporary genre. It also was a good experience to discover an international company and how it performs works.

I feel that the whole day was a fantastic learning experience and that it has enhanced my learning and vocabulary about dance technique and style.’ - Ashleigh (Year 11)

Our Mackellar Girls has been offered a place in the Combined Dance Ensemble for Schools Spectacular 2015 as well as a selected group for the Aboriginal Dance Ensemble. Places in these ensembles are highly competitive with many schools aiming to gain a place, so we are very excited to be accepted for both groups and are looking forward to rehearsals commencing next Term.

Ms Desiree De Bono, Dance Teacher

MUSIC NEWS -

CONGRATULATIONS BIG BAND - The Mackellar Big Band is to be congratulated for being selected via audition to perform in the Arts Alive Primary Choral Concert on Tuesday 11 August at the Town Hall. It is fabulous to be chosen and the girls, I am sure, will perform to the highest standard.

Band Rehearsal Day – Pupil Free Day Monday 13 July, Term 3 - Performance Band and Concert Band will have rehearsals on this day in preparation for the NSW Band Festival the following Saturday. Please arrange to be returned from holidays so everyone is at this rehearsal. FULL attendance is required. Mufti clothes may be worn but no shortie shorts, singlet tops or thongs are to be worn.

Rehearsal Schedule 13 July 2015 in the Performance Space:
- 9:45am - 12:00pm - Concert Band rehearsal (please have had a big breakfast)
- 12:00pm – 12:40pm - Lunch
- 12:40 – 2:45pm - Performance Band

NSW BAND FESTIVAL - SATURDAY 18 JULY - The Mackellar Concert Band and Performance Band will be performing in the NSW Band Festival on Saturday 18 July at UNSW Kensington in the Sir John Clancy Auditorium. Mackellar black performance clothes are to be worn including black socks. ALL band students must attend this important event.
- Concert Band should arrive at 11:20am – Finish by 1:12pm
- Performance Band should arrive at 12:30pm – Finish by 2:50pm.

V Patterson, Band Director
Congratulations to all girls involved in the musical production this week. Written by Mr Fisher, 'SH-BANG!' is a fun and dynamic performance with a cast drawn from our talented musicians in Years 7–11. If you have not yet had an opportunity to see the show, the final performances run tonight and tomorrow (Friday 19 and Saturday 20 June). A huge thank you to Mr Fisher, Ms Hawes and Mr Kirkpatrick for their time and dedication to the event.
NBSC Duke of Edinburgh’s Award Update -

Our Duke of Ed participants are currently regularly participating in activities in three areas of their choice - skill, physical recreation and service to the community. Many of these activities take students beyond the everyday, challenging them to pursue their goals, requiring leadership, initiative and motivation.

Many of our Gold students are heading out on expeditions in the June/July holidays - we look forward to hearing about their Urban Odyssey Challenge next term! I encourage the students who are still planning their Gold award to register and sign up for the expedition this week please! Contact Mrs Yorston for details ASAP.

Silver students completed a Pack and Paddle expedition in March. Their second and qualifying Pack and Paddle will take place on October 9th-11th at Broken Bay Sport and Rec Centre. Please save the date, more information to come.

Bronze students - those who missed the March practice expedition can participate in the catch-up expedition on October 9th - 11th at Broken Bay Sport and Rec. More information to come in Term 3. The Qualifying Journey will be on October 17th-18th OR October 24th-25th (choose one weekend) – at Camp Somerset. More details to come closer to the time but please save the date.

A few points of information for all Duke of Ed students:

- **First Aid Course** - All Duke of Ed students in Years 9-11 are invited to participate in the SLSNSW First Aid Course running on Thursday 6th August at Freshwater Campus. This is an excellent opportunity to gain skills necessary for Duke of Ed expeditions. The course is Workcover approved so also handy for employment. It costs $70 and certification lasts 3 years. Please hand in notes and money ASAP (notes are at the front office if you missed out at the year meetings) and you will be given a workbook to complete prior to the course.

- **Online Record Book (ORB)** - please ignore the "payment status - unpaid" notice on your Online Record Books - it is incorrect/invalid. You can all be now logging your hours of activity on the ORB (or using the offline records if you rather for Bronze and Silver levels)

- **Award Plans and Assessor approval** - Thanks to those who have handed in their award plans and assessor forms (Assessor Commencement Guides - ACGs). I am still waiting on some. Please fill your award plan in and hand it in as I can check to make sure your activities meet the requirements of your award. If you have handed in your assessor forms you can presume that your assessor has been approved (I will notify you if not approved). If you change assessors or get a new assessor throughout the year please hand in an ACG for them.

- **Bronze and Silver Practice Journey reports** - If you have not yet submitted yours please do so to dukes@campsomerset.com.au

- **Assessor sign off** - Assessors only have to report on and sign off your activity at the completion of your entire section.

- All forms can be handed in to me via your campus office.

Any questions or help needed please feel free to contact me.

*Naomi Yorston*
Northern Beaches Secondary College Duke of Edinburgh’s Award Co-ordinator (Thursday/Friday)
ph: 02 99396942 e: naomi.yorston@det.nsw.edu.au
P&C News

TRIVIA NIGHT

The annual P&C Trivia Night on May 30 was again a huge success with parents, teachers and friends of the school enjoying a fun night of quizzing, raffles and auctions. The night raised $9,950 for the school. We must thank our wonderful Trivia Master, Trevor Smith who is no longer a school parent but continues to donate his services for this great fundraiser. Should you be looking to run a Trivia event do contact Trevor at:

We must also thank our generous donors who provide fabulous prizes for our raffles and auctions with a special thanks to the leaders in our local community, Tony Abbott, Mike Baird, Jean Hay and Michael Regan for their personalised auction items.

GOLD DONORS (donations over $200)

<table>
<thead>
<tr>
<th>Blackmores</th>
<th>Blaze Quality Carpet Cleaning</th>
<th>Carrie Webster artist</th>
</tr>
</thead>
<tbody>
<tr>
<td>Catering Northern Beaches – Vicky Harris</td>
<td>Del Driving School</td>
<td>Forsters Solicitors Manly</td>
</tr>
<tr>
<td>Harvey Norman Balgowlah</td>
<td>Merivale (Papi Chulo)</td>
<td>Northern Beaches Tutor - Mini Kutty</td>
</tr>
<tr>
<td>Warner Music</td>
<td>xtend barre Manly</td>
<td></td>
</tr>
</tbody>
</table>

SILVER DONORS (donations $50 - $199)

<table>
<thead>
<tr>
<th>Balgowlah Automotive,</th>
<th>Balgowlah RSL</th>
<th>Belaroma</th>
</tr>
</thead>
<tbody>
<tr>
<td>Berkelouw Books Dee Why</td>
<td>Berkelouw Books Balgowlah,</td>
<td>Boathouse</td>
</tr>
<tr>
<td>Bunnings Balgowlah</td>
<td>Bunnings Brookvale</td>
<td>Ceroc and Modern Jive</td>
</tr>
<tr>
<td>ClientData</td>
<td>Dee Why Bike Hub</td>
<td>Dee Why RSL</td>
</tr>
<tr>
<td>Dehli Darbar Allambie</td>
<td>Freshwater Community Bank</td>
<td>Ecodownunder Freshwater</td>
</tr>
<tr>
<td>Ebony Hair Manly</td>
<td>Fantastic Furniture Balgowlah</td>
<td>Freshwater House</td>
</tr>
<tr>
<td>Fitness First Balgowlah</td>
<td>Glen St Theatre</td>
<td>Madigans of Harbord Diggers</td>
</tr>
<tr>
<td>Home and Wardrobe Manly</td>
<td>Hugo’s</td>
<td>Joe’s Mountain Bike Tours</td>
</tr>
<tr>
<td>The Ivanhoe Hotel - Manly</td>
<td>Mike Pawleys</td>
<td>Minsky and Charlie Café</td>
</tr>
<tr>
<td>Nahids Hair and Beauty</td>
<td>Nellie and Mo Manly</td>
<td>Nordic Fusion</td>
</tr>
<tr>
<td>Orpheum Cinema</td>
<td>Paul Corbitt Hair</td>
<td>Pauls Warehouse</td>
</tr>
<tr>
<td>Peninsular Jewellers</td>
<td>Porters Liquor</td>
<td>Scissor Style Hair Salon Dee Why</td>
</tr>
<tr>
<td>Seafort Bakehouse</td>
<td>United Cinema</td>
<td>Vintage Cellars Seafort</td>
</tr>
<tr>
<td>Watermelon Home</td>
<td>While Away Guides</td>
<td>Zamia Freshwater</td>
</tr>
</tbody>
</table>

BRONZE DONORS (donations under $50)

| Carole St John                 | Danielle and Li Takeaway    | Nerinas Bellezza       |
| Seafort Newsagency             | Simply Chicken Seafort      |                       |

MOVIE NIGHT

Our Parent and Daughter Movie night on Thursday 11 June was also a great success with 71 movie goers enjoying “A Royal Night Out” and a choc top at Collaroy Cinemas.
UNIFORM SHOP NEWS -

Please see below volunteer roster for the remainder of the end of JUNE and JULY 2015:

Monday 22 June Mini Kutty, Paula Young
Wednesday 24 June Lindy Smart, Natalya Hansson

HOLIDAYS

Monday 13 July CLOSED (School Development Day)
Wednesday 15 July Maxine Bronier, Mini Kutty, Lindy Smart
Monday 20 July CLOSED
Wednesday 22 July Maxine Bronier, Mini Kutty, Lindy Smart
Monday 27 July CLOSED
Wednesday 29 July Maxine Bronier, Mini Kutty, Lindy Smart

Also please let me know ASAP if you cannot make your rostered day so I can attempt to find a replacement, thank you.

Now that the cooler weather has arrived we are in stock of school scarves in red, navy and cream ($8).

PLEASE NOTE FOR THE MONTH OF JULY WE ARE OPEN ON WEDNESDAYS ONLY.

Thank you.

Leigh McPherson, Uniform Shop Manager, uniformshop@mackellar-pandc.com
Instagram is a photo and video sharing app popular with young people. Users communicate by posting comments to each other under photos and videos. They sometimes share usernames from other sites or apps such as Kik or Facebook to continue chats privately. 13 is the minimum age required by Instagram.

If your child is over 13 you should still consider the following before agreeing to unsupervised Instagram access:

Is your child able to withstand taunts from others?

If you think your child will become very upset (more than other kids) if they have a negative experience online, you may need to guide them through the use of Instagram. Look through their profiles and public feeds together, talk about how some people behave differently online and teach them how to block and report people.

Does your child understand what is safe to put online?

If they might put their name, address, school, sports club or information that allows people to identify and locate them (even after you have talked through the dangers) they may need your help with using Instagram. Talk about the risks of ‘cheeking in’, posting sexy pictures, meeting online friends in person, making offensive comments, and what is and isn’t acceptable.

Does your child know how to report abuse or offensive or pornographic content?

If not you need to visit Instagram’s Privacy and Safety Centre with them to ensure they know how to block and report people.

Are you worried your child will be left out if they aren’t on Instagram but also worried they aren’t ready?

As a compromise you may choose to let them have an Instagram account if they follow strict rules – including only using Instagram when you supervise them or you control their login. In return, and to keep them engaged with you, you can promise not to embarrass them by commenting publicly on their profile or posts. Teens tell us this is humiliating and it is their private world.

Are you going to supervise or ‘follow’ your child on Instagram?

If this is the case, be prepared to learn more than you might like about their friends. Try to withhold comment unless you are worried about safety. It is better to talk to your child in person if you have concerns than post comments publicly. If you publicly embarrass them, you will break your child’s trust and they may simply communicate with friends on a different program – or open a separate profile without your knowledge.

How do I talk to my child about my concerns?

Be honest with them. Express your love and concern about what might happen online. Ask if they have experienced bullying or sexual advances. Banning seldom works and children will find other ways to get online and may stop talking to you about issues to avoid getting in trouble. Keep the communication open. If they won’t talk to you about things, recruit a trusted family friend or family member to keep the communication going.

When should I be worried about my child?

If your child’s behaviour changes at home and/or school you should talk to them. Examples of changed behaviour could include disinterest in things they used to like, seeming very unhappy and/or their sleep and eating is being impacted. Seek professional advice if necessary from a school counsellor, your GP or a psychologist. If your child has particular vulnerabilities, be vigilant about their contacts offline and online. Help them join groups out of school where they can find friends and support. Talk to the school and make sure they are supported.

ARE YOU A SINGLE PARENT?

Each week Single with Children provides fun and exciting social activities for single parents and their children. Many activities are subsidised or free.

It's a great way to meet and get to know people in your area.

To find out more and get a FREE copy of our social calendar
Call 1300 300 496
or check out our website: www.singlewithchildren.com.au

Parenting Programs

Child & Adolescent Parenting

WHAT'S ON IN TERM 3 - COURSES/WORKSHOPS FOR PARENTS/CAREGIVERS

Tuning in to Teens Course
Skills to communicate with your teenagers so that you understand each other better and are able to build positive relationships.
- Understanding teenagers today & communication skills
- Emotional intelligence skills
- How to prevent behaviour problems & conflict resolution
- Chatswood 5/425/2 Fri (30/7 - 27/8, 7.00-9.30pm)

Dealing with Teen's Backchat Workshop
- Learn how to foster a respectful & positive relationship with your teenager
- Understand what it is like being a teenager today
- Learn how to talk to them & how to listen to them so that they talk to you
- Chatswood (23/7, 7.00-9.30pm)

Tuning in to Kids Course - Chatswood (27/7 - 24/8)
Triple P Seminars - Chatswood (5/8, 12/8 & 19/8)
Communicating with Kids Workshop - Based on FTC - Chatswood (31/8)

Directors General's Award for Turning Potential into Performance
Directors General's Award for Excellence in Girls Education
Directors General's Award for Excellence in Gifted and Talented Education
Directors General's Award for Excellence in Aboriginal Programs

If you email us at nbscmgirls-h.school@det.nsw.edu.au we can email the school newsletter directly to you. It can also be accessed online at www.mackellargirls.nsw.edu.au

ARE YOU A SINGLE PARENT?

Each week Single with Children provides fun and exciting social activities for single parents and their children. Many activities are subsidised or free.

It's a great way to meet and get to know people in your area.

To find out more and get a FREE copy of our social calendar
Call 1300 300 496
or check out our website: www.singlewithchildren.com.au

Parenting Programs

Child & Adolescent Parenting

WHAT'S ON IN TERM 3 - COURSES/WORKSHOPS FOR PARENTS/CAREGIVERS

Tuning in to Teens Course
Skills to communicate with your teenagers so that you understand each other better and are able to build positive relationships.
- Understanding teenagers today & communication skills
- Emotional intelligence skills
- How to prevent behaviour problems & conflict resolution
- Chatswood 5/425/2 Fri (30/7 - 27/8, 7.00-9.30pm)

Dealing with Teen's Backchat Workshop
- Learn how to foster a respectful & positive relationship with your teenager
- Understand what it is like being a teenager today
- Learn how to talk to them & how to listen to them so that they talk to you
- Chatswood (23/7, 7.00-9.30pm)

Tuning in to Kids Course - Chatswood (27/7 - 24/8)
Triple P Seminars - Chatswood (5/8, 12/8 & 19/8)
Communicating with Kids Workshop - Based on FTC - Chatswood (31/8)

Directors General's Award for Turning Potential into Performance
Directors General's Award for Excellence in Girls Education
Directors General's Award for Excellence in Gifted and Talented Education
Directors General's Award for Excellence in Aboriginal Programs

If you email us at nbscmgirls-h.school@det.nsw.edu.au we can email the school newsletter directly to you. It can also be accessed online at www.mackellargirls.nsw.edu.au

Director General's Award for Turning Potential into Performance
Directors General's Award for Excellence in Girls Education
Directors General’s Award for Excellence in Gifted and Talented Education
Director General’s Award for Excellence in Aboriginal Programs

Mackellar Girls Campus
Campbell Pde Manly Vale NSW 2093
T: 9949 2083  F: 9949 3028
E: nbscmgirls-h.school@det.nsw.edu.au
W: www.mackellargirls.nsw.edu.au